

## Green travel plan for Cardiff

387 Newport Road, Cardiff, South Glamorgan CF24 1TP



### Introduction

The Cardiff office is located on the A4161, approximately 1.5 miles north of Cardiff city centre.

### Train

Nearest station is Cardiff Central (approximately 5 miles, 30 minutes by taxi – First Great Western). There are services to and from this station to London Paddington, South Wales and services to connect to all the other main line services.

### Bus

Buses 44 & 45 (Cardiff to St Mellons, every 15 minutes), 49 & 50 (Cardiff to Llanrumney, every 15 minutes) and 30 (Cardiff to Newport, every 40 minutes) stop on Newport Road.

A Park and Ride service operates from Junctions 29 and 30 of the M5 Motorway. These buses stop in Sidwell Street (approximately 3 minutes walk from the office).

### Cycle

There is limited cycle storage available. There are no shower facilities.

### Car

There are only seven car parking spaces. Staff and visitors are encouraged to car share wherever possible. Parking will be made available for those who car share.

### Taxi service

Taxis can be booked from reception.

### Airports

Cardiff Airport is 15 miles away (approximately 40 minutes by taxi).

### Video conferencing

None available.