

## Green travel plan for Breakspear Park, Hemel Hempstead

Breakspear Park, Breakspear Way, Hemel Hempstead, Hertfordshire HP2 4FL (for SatNav use HP2 4UL)



★ BAM office

### Introduction

Breakspear Park is located just off Junction 8 of the M1 motorway, approximately 3 miles to the east of Hemel Hempstead town centre.

### Train

The nearest train station is Hemel Hempstead (approximately three miles). Trains run into London Euston every 10 to 20 minutes. There are also services to and from Milton Keynes, Birmingham and Manchester.

A free, first come first served Breakspear Park shuttle bus runs from the train station (bus stop c) to the office at 08:00, 08:45, 09:30 and then back again at 16:00, 16:45 and 17:30.

### Bus

ML1 (Hemel Hempstead train station to Breakspear Park, via Maylands industrial park) operated by Red Eagle buses. Green Line Express Buses 758 run between Hemel Hempstead bus station and central London approximately every hour, including stops at Breakspear Park, Brent Cross, Baker Street, Oxford Street and London Victoria. Bus 500 stops outside Breakspear Park.

### Cycle

Shower rooms and lockers are available for BAM staff use.

### Car

BAM has allocated car parking spaces. Staff and visitors are encouraged to car share wherever possible.

### Taxi service

A taxi service is available with preferential rates via [Breakspear Cars](#) – 07766 026547.

### Airports

Luton Airport is 9 miles away (20 minutes by taxi), and Heathrow 25 miles (45 minutes by taxi).

### Video conferencing

This facility is available. Contact the office for details.